



Press

Release



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For Immediate Release

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Free Cooking Class Offers Healthy Chili During Public Health Week

Wichita Falls, Texas- National Public Health Week is a time to recognize the contributions of public health and highlight issues that are important to improving the community's health.

That includes healthy eating.

The Wichita Falls Wichita County Health District is excited to announce that there will be a FREE Cooking Class on Wednesday, April 5, 2023, from 12 pm to 1 pm.

The recipe will be "Chicken Chili", a high protein offering that is sure to be a healthy addition to anyone's dinnertime.

This event is open to the public, but there is limited seating. Registration will close by end of day Monday, April 3.

Be sure to visit our Facebook page or website, [LiveWellWichitaCounty](#) to register.

If you have specific questions about the program, please call Jelesia Miller at 940-761-7699.

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